

Curriculum Overview PSHCE

All year groups will be covering the same theme at the same time throughout the year.
Each year will build upon the key skills, knowledge and understanding from the previous year.

	1	2	3	4	5	6	7
Theme	Mental Health & Well being and Personal Development	Families, friendships and Relationships	Online relationships and Internet safety	Health and Fitness	Money, careers and Law	Relationships and Sex Education	Diversity
Key Question	<i>How do we look after our Mental Health?</i>	<i>What makes a respectful Relationship?</i>	<i>Can I make the right choices about my online use?</i>	<i>How can I maintain a healthy lifestyle?</i>	<i>What could my future look like?</i>	<i>What is happening to my body?</i>	<i>How can we live in this world peacefully together?</i>
Key Skills	The key skills that we are looking to develop across the year are <ul style="list-style-type: none"> ● Communication - both speaking & listening ● Co-operation & collaboration ● Critical thinking & problem solving ● Confident speaking ● Respect ● Tolerance ● Resilience ● Negotiation ● Empathy 						