



## Activity sheet (c)

# Emotions and feelings: true or false?

<p>1. It's normal for a person to put on weight when going through puberty.</p>	<p>2. It is wrong for a person to want to touch their own penis or vulva.</p>
<p>3. If a girl doesn't wear a bra by the time she goes to secondary school something's wrong.</p>	<p>4. You should always talk to someone you trust if you are worried about your body changing.</p>
<p>5. Girls should always shave their body hair when it starts growing.</p>	<p>6. Stretch marks are a sign that someone is getting too fat.</p>
<p>7. If a boy doesn't get wet dreams, there's something wrong with him.</p>	<p>8. If someone is shorter than their friends when they start secondary school, they are always going to be short.</p>
<p>9. If a boy starts getting erections it means he is ready for sex.</p>	<p>10. If a person has a crush on someone it means they want them to be their girlfriend/boyfriend.</p>